#### ALLEN R.

## BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664
512-218-5499 | bacacustomerservice@roundrocktexas.gov
www.BacaCenter.com



#### **FACILITY HOURS:**

Monday - Thursday: 7:00 AM - 9:00 PM Friday: 7:00 AM - 6:00 PM Saturday & Sunday: 8:00 AM - 1:00 PM OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

HOLIDAY HOURS:
April 20: Easter | Closed
May 26: Memorial Day | Closed
June 19: Juneteenth | Closed

#### **WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:15 am	9:00-11:00 am	9:30-10:15 am	9:00 am-11:00 am	9:00 am-11:00 am
A.A.A.	Wood Carvers	A.A.A.	Non-competitive	9 Square in the Air
10:30-11:00 am			pickleball	
Sittercize	9:30-10:15 am	9:30 am-12:30 pm	Rating 1-3.5**	9:00 am-3:00 pm
11:30 am-1:00 pm	A.A.A.	Hearts	9:30-10:15 am	Open Game Play
Non-competitive	9:30 am-2:00 pm	10.00 12.20	A.A.A.	10:00-11:30 am
Pickleball	Crafty Critters	<b>10:00 am-12:30 pm</b> Mexican Train	10:00-11:30 am	Bingo*
Rating 1-3.5**		Wiexicali ITalli	Writing Club (Zoom)	Diligo
11:30 am-4:00 pm	10:30-11:00 am	10:30-11:00 am	10:30-11:00 am	12:30-3:30 pm
Pinochle	Sittercize	Sittercize	Sittercize	Mexican Train
ADVANCED PLAY			11:00-11:15 am	Hand/Foot Canasta
12:30-4:00 pm	12:30-4:00 pm	12:15-3:30 pm	Balance	
American Mah Jong Club	Pinochle	Dominoes "42"	11:00 am-1:00 pm	1:00-2:30 pm
EXPERIENCED	12:45-4:00 pm	45.50.4.00	ALL Rating Levels Pickleball	Sing-A-Long
12:45-3:30 pm	Texas Canasta	12:30-4:00 pm		
Dominoes "42"		Spades	12:00-4:00 pm	
1:00-2:30 pm	1:00-3:00 pm	1:00-3:30 pm	Open Game Play	
Writing Club	Karaoke	Latin Dancing	<b>12:30-3:45 pm</b> Bridge for Fun	
1:00-4:30 pm	Performance Group	2424	Cribbage	
Duplicate Bridge	1 00 0 00	3:00-4:00 pm	12:45-3:45 pm	
ADVANCED PLAY &	<b>1:30-2:30 pm</b> Kupuna Hula	Widowed Warriors	Racehorse Canasta	
MUST have partner	*Must register		1:00-3:00 pm	
1:00 pm-2:00 pm	widst register	4:30-8:30 pm	Competitive	
ALL Rating Levels	4:30-8:30 pm	Intermediate/	Pickleball	
Pickleball	ALL Rating Levels	Advanced Table Tennis***	Rating 4-5**	
2:00 pm-3:30 pm	Pickleball	Table Tellins	1:00-2:30 pm	
Competitive			Conversational	
Pickleball	Marine		Spanish Class	
Rating 4-5**	New Monday	•	4:30-6:30 pm	
4:00 pm-6:00 pm	Pickleball		Beginner Table	
9 Square in the Air	play times start 3/3/25		Tennis***	
4:30-8:30 pm	Sta1 t 5/5/20		6:30-8:30 pm	
Intermediate/ Advanced	MANN		All Levels	
Table Tennis***			Table Tennis	
Table Tellills	, , ,			

\*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Times listed are <u>start times</u>, arrive at least 15 minutes early if you wish to participate.

\*\*Pickleball ratings: <a href="www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/">www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/</a>
\*\*Pickleball players can only play one level per day, but please do a self-assessment to choose the correct level.

\*\*\*Table Tennis ratings: www.usatt.org.

#### **MONTHLY ACTIVITIES**

Monthly Activity	Dates	Times	
Center Art Club	March 5 & 19 April 2 & 16	1:00-3:00 pm	
Open Studio	March 12 & April 9	12:00-3:00 pm	
Benefit Resources—one-on-one	March 11 April 8	10:00 am	
Book Discussion	March 11 April 8	1:00 pm	
Bunco	March 4 & 18 April 1 & 15	6:15-8:30 pm	
Garden Club	March 3 April 7	9:00 am	
Hong Kong Mah Jong	March 6 & 20 April 3 & 17	6:00-8:30 pm	
Karaoke Jukebox Jam	March 12 April 9	6:00-8:00 pm	
Sing for Joy	April 22	11:00 am	
Round Rock New Neighbors Bridge	March 19 12:00 pm April 16		

Times listed are <u>start times</u>, arrive at least 15 minutes early if you wish to participate.

#### **Daily Congregate Meals at the Baca Center**



The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday between 12:00 – 12:30pm.

Please note that OWBC is a separate entity from the Baca Center and separate intake paperwork is required. To sign up as a client for the congregate lunch program, visit the OWBC office in the Dining Room, Monday - Friday between 9:00am & 1:00pm. Once all paperwork is complete, new clients may begin participating in the meal program the following Monday. New client signups are not available during the last five days of the month. Clients pay a suggested \$3 donation for meals and must participate in the meal program at least once a month to remain active.

For more information and complete Congregate Meal details, visit the OWBC Office in the Dining Room, call 512-255-4970, or email Site Director, Kelsey Ward <a href="https://www.kearto.com/www.centro.co

#### **ORGANIZATIONS & CLUBS**

#### BENEFIT RESOURCES—2nd Tuesday, 10:00 am March 11 & April 8 in the Baca Center Lobby

Visit with a representative from AGE of Central Texas, and they will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

#### CENTER ART CLUB—1st & 3rd Wednesday, 1:00 pm; 2nd Wednesday, 12:00 pm

Visitors always welcome! Contact centerartclubofrr@gmail.com for more information

**March 5** —Business meeting, art show and tell, Baca wall display change out

**March 12**—Open studio, bring your art supplies and works in progress to create in a group setting **March 19**—Demo day: Come see a demonstration from the Center Art Club.

**April 2** —Business meeting, art show and tell, Baca wall display change out

**April 9**—Open studio, bring your art supplies and works in progress to create in a group setting **April 16** — Demo day: Come see a demonstration from the Center Art Club.

#### BOOK DISCUSSION—2nd Tuesday, 1:00 pm

March 11 — "The Man Who Shot Snapping Turtles" by Edmund Wilson April 8—"The Gioconda Smile" by Aldous Huxley Contact the Baca Center for more information.

#### GARDEN CLUB—1st Monday (except holidays), 9:00 am

**March 3–** Sylvia Forbes—Texas Superstars **April 7**—Plant Exchange

#### WRITING CLUB—Mondays, 1:00-2:30 pm & Thursday, 10:00 am (Zoom only)

Participants are welcome to share their writing and get feedback, read someone else's work or just come to listen. If you want to publish your work in the Club's next anthology, join now! To view the Club's six anthologies, search for Baca Writing Club on Amazon. For more information, email bacawritingclub@gmail.com.



#### **AARP Driver Safety Course**

Thursday, March 13, 8:30am—12:30pm Thursday, April 17, 5:00—9:00pm Thursday, May 15, 5:00—9:00pm

The course enables drivers to get a 10% discount for 3 years on most insurance plans.

Please check with your insurance provider. You must pre-register at the Baca Center Front Desk.

Course does not dismiss traffic violations. You must have your AARP card to present at class.

\$20 for AARP members & \$25 for non-members payable by CHECK ONLY to AARP.

Individuals with AARP Medicare Supplement Plan insured by United Health Care may attend for no charge—MUST show UHC membership card as proof.

For online course: www.aarpdriversafetv.org

#### **PROGRAMS & CLASSES**

#### **Chair Yoga for Seniors**

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay additional \$5 per month.

Wednesdays, March 5-26 9:00-10:00 am

\*No class, March 12

Wednesdays, April 9-30 9:00-10:00 am

\*No class, April 2

#### Tai Chi Level I

Join our Tai Chi beginner's class designed specifically for seniors to improve balance, flexibility, and overall well-being. This gentle, flowing exercise emphasizes slow, controlled movements and deep breathing, making it ideal for enhancing mobility and reducing stress.

Thursdays, March 6-27 1:00-2:00 pm Thursdays, April 3-24 1:00-2:00pm 

#### Tai Chi Level II

Join our Tai Chi intermediate class designed specifically for seniors to improve balance, flexibility, and overall well-being. This class is for participants who have completed the Level 1 course or have prior experience with Tai Chi.

Mondays, March 10-31 6:00-7:00 pm Mondays, April 7-28 6:00-7:00pm \$12/4 classes \$12/4 classes Course #: 25-10103TC-07 Course #: 25-10103TC-08

#### Kupuna Hula with Kumu Ellie

This program is a session based program. All interested participants MUST register prior to the first class. The instructor will NOT be at the center unless there are registered participants. In this relaxed class, students will learn Hula dance techniques and simple language. The focus will be on modern Hula such as "Blue Hawaii". No registration after the first class due to missing pertinent information. For more information, email **pahulaohana.rr@gmail.com**.

March 4-25, Tuesdays, 1:30-2:30 pm April 1-29 Tuesdays, 1:30-2:30 pm Course #25-10103KH-08 FREE for Baca Members Course #25-10103KH-09 FREE for Baca members

#### **Computer Support**

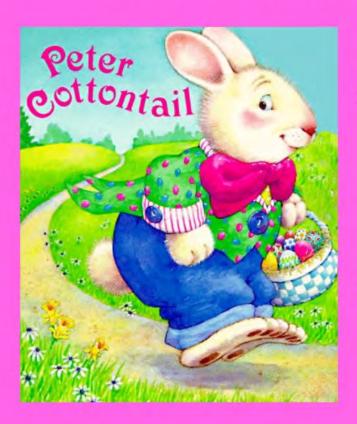
Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for "how to" classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Monday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills and cannot assist with any Apple products. Please arrive promptly and call if not coming.

Wednesdays, March & April, 9:30 am

\$5 for Baca members only

## HIPPITY HOPPITY SOCIAL HOUR

Hop on over to the Baca Center for a holiday social hour. Enjoy snacks, drinks and selfies with our special guest, Peter Cottontail, before he makes his rounds around the world. Socialize with each other or sit and listen to music provided by our very own Blackland Prairie Band. Ages 50+



Catch up, check in, meet new friends, & share a laugh or two Tuesday, April 15th 1:00 pm - 3:00 pm Baca Dining Room

Drinks and snacks provided by The Cottages at Chandler Creek



FREE FOR BACA MEMBERS / NON-MEMBERS \$1 WALK-IN FEE





Join the Baca Center on the 4th Wednesday at 1:00 pm for our Cinema Movie Day.

All movies are FREE for Baca members and

participants are welcome to bring snacks and drinks.

If you have a movie suggestion, let us know.





#### Mamma Mia - March 26

Donna (Meryl Streep), an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends. Meanwhile Sophie, the spirited bride, has a plan. She secretly invites three men from her mother's past in hope of meeting her real father and having him escort her down the aisle on her big day.

#### Stand by Me - April 23

After learning that a stranger has been accidentally killed near their rural homes, four Oregon boys decide to go see the body. On the way, Gordie Lachance (Wil Wheaton), Vern Tessio (Jerry O'Connell), Chris Chambers (River Phoenix) and Teddy Duchamp (Corey Feldman) encounter a mean junk man and a marsh full of leeches, as they also learn more about one another and their very different home lives. Just a lark at first, the boys' adventure evolves into a defining event in their lives.

Materials, Small Snacks & Music

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COME JOIN US FOR A FUN AFTERNOON OF MAKING MARDI GRAS MASKS AND **ENJOYING SNACKS & MUSIC.** 

AFTER THE MASKS ARE FINISHED JOIN IN A CELEBRATION PARADE PROCESSION AROUND THE LOBBY.

TUESDAY MARCH 4TH - 1:30PM



& Rehabilitation













www.RoundRockRecreation.com



Scan your membership card each time you visit for a chance to win a prize. Members are limited to one entry per day. Five winners will be chosen at random each week.



# Baca Center MEMBER ORIENTATION AND COMMUNITY LUNCH



We are excited to invite you to the Baca Center's **New Member Orientation**.

Whether you are a new member wanting to learn about the Baca Center or current member looking to deepen your engagement, this session is designed for you.

After the orientation session, all Baca Center members are invited to a **Community Lunch**. Bring a sack lunch to meet and socialize with fellow members in a relaxed atmosphere.

Sessions will be held quarterly, on the 4th Wednesday of that month. Orientation will begin at 11:30am, with lunch following at 12:00pm. Registration is not required.

Wednesday, April 23 | Wednesday, July 23 Orientation - 11:30am, Lunch - 12:00pm



## Craft Sale

By Crafty Critters Tuesday, April 15th 11:00 am - 3:00 pm Baca Center Lobby Cash Only



THE BACA CENTER PRESENTS

## An Evening Under The Stars

#### MUSIC | DANCING

FEATURING DJ ROBERT RODRIGUEZ

#### HORS D'OEUVRES | DRINKS

#### MAY 8TH | 7 - 10 PM | CENTENNIAL PLAZA AGES 50+ | \$15\*

\*FEE WILL INCREASE TO \$20 ON MAY 1ST.
BACA CENTER MEMBERSHIP NOT REQUIRED

REGISTER NOW:
WWW.ROUNDROCKRECREATION.COM
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THE ROUND ROCK PARKS AND RECREATION DEPARTMENT RESERVES THE RIGHT TO MODIFY, RELOCATE AND/OR CANCEL A
SPECIAL EVENT DUE TO FORECASTED WEATHER AND/OR TURF CONDITIONS THAT MAY CAUSE THE EVENT SITE TO BE UNSAFE
OR UNSUITABLE FOR EVENT ACTIVITIES. IF A SPECIAL EVENT IS CANCELLED, A PROGRAM CREDIT MAY BE GIVEN TO REGISTERED
PARTICIPANTS AT THE DISCRETION OF THE PARKS AND RECREATION DIRECTOR. THIS WILL BE COMMUNICATED TO REGISTERED
PARTICIPANTS VIA EMAIL WITHIN ONE WEEK AFTER THE EVENT DATE.

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Yvette- Admissions Director C: 512-789-1851 O: 512-634-3022 F: 512-634-3074

#### MARK YOUR CALENDARS

MONTH OF MAY Older Americans Month

MAY 8

**Evening Under The Stars** 

MAY 9

Mother's Day Treats

**MAY 26** 

Memorial Day, Baca Center Closed

**JUNE 13** 

Father's Day Treats

**JUNE 19** 

Juneteenth, Baca Center Closed

## FREE

#### FROM AARP FOUNDATION TAX AIDE AT THE BACA CENTER THROUGH APRIL 14

This service is available by APPOINTMENT ONLY on Mondays & Wednesdays

Visit https://sites.google.com/view/wilcotax-aide/home or call 512-931-4195 to make an appointment

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#### ALLEN R. BACA CENTER TEAM

Center Supervisor: Kelly Gaydos kgaydos@roundrocktexas.gov

Program Coordinator: Michael Crowell mcrowell@roundrocktexas.gov

Recreation Manager: Mary Hemenes mhemenes@roundrocktexas.gov Administrative Team: Anita Ouellette Katie Grant

Recreation Assistants:
Bruce Beaumont
Dana Duvall
Sara Moore
Debra Ramon

Recreation Bus Drivers: Christal Acosta Carlos Guinea

Custodians: Corina Fernandez Robert Morales

### A Note from the Program Coordinator



Hello Baca Family,

My name is Michael (Mike) Crowell and I am pleased to accept the position of Recreation Program Coordinator for the 50+ Adult programs. For those who don't already know me, I have worked at the Baca Center for over four years as an Administrative Associate at the front desk. I will tell you I love my job here at Baca and love the interactions with you all. This has been the most fulfilling job I have had in a long time. Prior to the Baca Center, I served in the Military for 27 years in multiple combat roles. When I retired, I wanted to continue to give back to my community. When I saw the Administrative Associate job posting back in 2020, I knew this was the job for me. Then I thought how can I do more for the Baca Center family? Well that's where we are now. I am here for you and will work to make the programs here at the Baca Center the best programs for all to come and enjoy.