ALLEN R. BACA CENTER

301 W. Bagdad Avenue, Building 2 Round Rock, TX 78664 512-218-5499 | bacacustomerservice@roundrocktexas.gov www.BacaCenter.com



Join Us For A Memorable Night

BACA CENTER SENIOR PROM

Come join the sparkle, shimmer, and good vibes at the Baca Center Senior Prom! It's a night to shine, connect, and celebrate life with style. Enjoy delicious cocktails, dinner and dessert after taking memorable photos at the funky photo booth. Whether you are dancing the night away or simply enjoying the camaraderie, this night promises fun, laughter, and cherished memories.

Friday, February 7, 2025, 6:00 - 10:00pm Baca Center Grand Room \$25 per person, ages 50+ only Registration fee will increase to \$30 on January 31st.

Register now at www.RoundRockRecreation.com

FACILITY HOURS:

Monday - Thursday: 7:00 AM - 9:00 PM Friday: 7:00 AM - 6:00 PM Saturday & Sunday: 8:00 AM - 1:00 PM **OFFICE HOURS:** Monday - Friday: 7:30 AM - 5:30 PM HOLIDAY HOURS: January 1: New Year's Holiday | Closed January 20: MLK Day | Closed February 17: President's Day | Closed

ACTIVITIES | EVENTS | WORKSHOPS | ORGANIZATIONS & CLUBS | PROGRAMS & CLASSES FOR ADULTS AGES 50+

WEEKLY ACTIVITIES Monday **Tuesday Thursday Friday** Wednesday 9:30-10:15 am 9:00-11:00 am 9:30-10:15 am 9:00 am-11:00 am 9:00 am-11:00 am A.A.A. Wood Carvers A.A.A. Non-competitive 9 Square in the Air pickleball 10:30-11:00 am 9:30-10:15 am 9:30 am-12:30 pm Rating 1-3.5** 9:00 am-3:00 pm Sittercize A.A.A. **Open Game Play** Hearts 9:30-10:15 am 11:30 am-1:30 pm A.A.A. 9:30 am-2:00 pm Non-competitive 10:00 am-12:30 pm 10:00-11:30 am 10:00-11:30 am **Crafty Critters** Pickleball Mexican Train Bingo* Writing Club (Zoom) Rating 1-3.5** 10:30-11:00 am 10:30-11:00 am 10:30-11:00 am 12:30-3:30 pm 11:30 am-4:00 pm Sittercize Mexican Train Sittercize Sittercize Pinochle Hand/Foot Canasta 11:00-11:15 am ADVANCED PLAY 12:30-4:00 pm 12:15-3:30 pm Balance Pinochle Dominoes "42" 1:00-2:30 pm 12:30-4:00 pm 11:00am-1:00pm American Sing-A-Long 12:45-4:00 pm **ALL Rating Levels** Mah Jong Club 12:30-4:00 pm Texas Canasta Pickleball **EXPERIENCED** Spades 12:00-4:00 pm 12:45-3:30 pm 1:00-3:00 pm 1:00-3:30 pm **Open Game Play** Dominoes "42" Karaoke Latin Dancing 12:30-3:45 pm Performance Group 1:00-2:30 pm Bridge for Fun Writing Club 3:00-4:00 pm Cribbage 1:30-2:30 pm Widowed Warriors 1:00-4:30 pm Kupuna Hula 12:45-3:45 pm **Duplicate Bridge** *Must register Racehorse Canasta 4:30-8:30 pm **ADVANCED PLAY &** 1:00-3:00 pm Intermediate/ MUST have partner 4:30-8:30 pm Competitive Advanced ALL Rating Levels Pickleball Table Tennis*** 1:30-3:30 pm Pickleball Rating 4-5** Competitive Pickleball 1:00-2:30 pm Rating 4-5** Conversational Spanish Class 4:00-6:00 pm 9 Square in the Air 4:30-6:30 pm **Beginner** Table 4:30-8:30 pm Tennis*** Intermediate/ 6:30-8:30 pm Advanced All Levels Table Tennis*** Table Tennis

*Requires registration and fee, non-members pay an additional \$1 walk-in fee. *Times listed are <u>start times</u>, arrive at least 15 minutes early if you wish to participate.*

Pickleball ratings: www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/ **Pickleball players can only play one level per day, but please do a self-assessment to choose the correct level. *Table Tennis ratings: www.usatt.org.

MONTHLY ACTIVITIES

Monthly Activity	Dates	Times 1:00-3:00 pm 12:00-3:00 pm	
Art Club Open Studio	January 15 February 5 & 19 January 8 & February 12 *No class January 1		
Benefit Resources—one-on-one	January 14 February 11	10:00 am	
Book Discussion	January 14 February 11	1:00 pm	
Bunco	January 7 & 21 February 4 & 18	6:15-8:30 pm	
Garden Club	January 6 February 3	9:00 am	
Hong Kong Mah Jong	January 2,16 & 30 February 6 & 20	6:00-8:30 pm	
Karaoke Jukebox Jam (formerly known as Instrumental Karaoke)	January 8 February 12	6:00-8:00 pm	
Sing for Joy	January 28 11:00 am		
Round Rock New Neighbors Bridge	January 15 February 19	12:00 pm	

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

Daily Congregate Meals at the Baca Center



The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday between 12:00 – 12:30pm.

Please note that OWBC is a separate entity from the Baca Center and separate intake paperwork is required. To sign up as a client for the congregate lunch program, visit the OWBC office in the Dining Room, Monday -Friday between 9:00am & 1:00pm. Once all paperwork is complete, new clients may begin participating in the meal program the following Monday. New client signups are not available during the last five days of the month. Clients pay a suggested \$3 donation for meals and must participate in the meal program at least once a month to remain active.

For more information and complete Congregate Meal details, visit the OWBC Office in the Dining Room, call 512-255-4970, or email Site Director, Kelsey Ward <u>kward@owbc-tx.org</u>.



ALLEN R. BACA CENTER

Jenuery 240245 Membership Speciel

Purchase one of the ANNUAL memberships listed below during the month of January and receive 10% off and a membership t-shirt!

Membership Type	Annual Rate	January Special
CMRC Family	\$310.00	\$279.00
CMRC Couple (21-49 yrs.)	\$245.00	\$220.50
CMRC Adult (21-49 yrs.)	\$150.00	\$135.00
CMRC Senior Couple (50+ yrs.)	\$140.00	\$126.00
CMRC Senior (50+ yrs.)	\$85.00	\$76.50
CMRC Youth (20 yrs & under)	\$85.00	\$76.50
CMRC/Baca Combo (50+ yrs.)	\$110.00	\$99.00
CMRC/Baca Couple Combo (50+ yrs.)	\$185.00	\$166.50
CMRC & Baca Weight Room Only Adult (21-49 yrs.)	\$160.00	\$144.00

Purchase one of the ANNUAL memberships listed below during the month of January and receive a membership t-shirt!

Membership Type	Annual Rate		
Baca Adult 50+ yrs. without weight room	\$30		
Baca Adult 50+ with weight room & fitness classes	\$60		
Baca Adult (21-49 yrs.) weight room only	\$80		

Membership t-shirts are while supplies last

Clay Madsen Recreation Center 1600 Gattis School Road Round Rock, TX 78664 (512) 218-3220 www.ClayMadsenRec.com

PAGE 3



Allen R. Baca Center 301 W. Bagdad Ave., Bldg. 2 Round Rock, TX 78664 (512) 218-5499 www.BacaCenter.com

WWW.BACACENTER.COM

ORGANIZATIONS & CLUBS

BENEFIT RESOURCES—2nd Tuesday, 10:00 am January 14 & February 11 in the Baca Center Lobby

Visit with a representative from AGE of Central Texas, and they will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

CENTER ART CLUB—1st & 3rd Wednesday, 1:00 pm; 2nd Wednesday, 12:00 pm

Visitors always welcome! Contact centerartclubofrr@gmail.com for more information January 1 —No program. Baca Center Closed January 8—Open studio, bring your art supplies and works in progress to create in a group setting January 15 —Demo day: The Art of Cake Decorating with Gale Hendricks February 5 —Business meeting, art show and tell, Baca wall display change out February 12 —Open studio, bring your art supplies and works in progress to create in a group setting February 19 — Demo day: Taking Good Photographs with your Phone Camera with Katie Barrett

BOOK DISCUSSION—2nd Tuesday, 1:00 pm

January 14 — "A Good Man is Hard to Find" by Flannery O'Connor February 11—"The Man of the House " by Frank O'Connor Contact the Baca Center for more information.

GARDEN CLUB—1st Monday (except holidays), 9:00 am

January 6– Photography in the Garden Mike Peppers February 3—Chuck Sodek from Hill Country Water Gardens

WRITING CLUB—Mondays, 1:00-2:30 pm & Thursday, 10:00 am (Zoom only)

Participants are welcome to share their writing and get feedback, read someone else's work or just come to listen. If you want to publish your work in the Club's next anthology, join now! To view the Club's six anthologies, search for Baca Writing Club on Amazon. For more information, email *bacawritingclub@gmail.com*.

Driver Safety

AARP Driver Safety Course

Tuesday, January 14, 8:30am—12:30pm Thursday, February 13, 5:00—9:00pm Thursday, March 13, 8:30am—12:30pm

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. <u>You must pre-register at the Baca Center Front Desk</u>. Course does not dismiss traffic violations. You must have your AARP card to present at class. \$20 for AARP members & \$25 for non-members payable by <u>CHECK ONLY</u> to AARP. Individuals with AARP Medicare Supplement Plan insured by United Health Care may attend for no charge—MUST show UHC membership card as proof. For online course: **www.aarpdriversafety.org**

PROGRAMS & CLASSES

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay additional \$5 per month.

Wednesdays, January 8-29 9:00-10:00 am Wednesdays, February 5-26 9:00-10:00 am \$38/4 classes \$38/4 classes Course #: 25-10103CY-05 Course #: 25-10103CY-06

Tai Chi Level I

Join our Tai Chi beginner's class designed specifically for seniors to improve balance, flexibility, and overall well-being. This gentle, flowing exercise emphasizes slow, controlled movements and deep breathing, making it ideal for enhancing mobility and reducing stress.

Thursdays, January 9-30 1:00-2:00 pm Thursdays, February 6-27 1:00-2:00pm \$12/4 classes \$12/4 classes

Course #: 25-10103TCLO-04 Course #: 25-10103TCLO-05

Tai Chi Level II

Join our Tai Chi intermediate class designed specifically for seniors to improve balance, flexibility, and overall well-being. This class is for participants who have completed the Level 1 course or have prior experience with Tai Chi.

Mondays, January 6-27 6:00-7:00 pm Mondays, February 3-March 3 6:00-7:00pm *No class January 20 and February 17 \$9/3 classes \$12/4 classes Course #: 25-10103TC-05 Course #: 25-10103TC-06

Kupuna Hula with Kumu Ellie

This program is a session based program. All interested participants MUST register prior to the first class. The instructor will NOT be at the center unless there are registered participants. In this relaxed class, students will learn Hula dance techniques and simple language. The focus will be on modern Hula such as "Blue Hawaii". No registration after the first class due to missing pertinent information. For more information, e-mail **pahulaohana.rr@gmail.com**.

January 7-28, Tuesdays, 1:30-2:30 pm Course #25-10103KH-06 FREE for Baca Members February 4-25 Tuesdays, 1:30-2:30 pm Course #25-10103KH-07 FREE for Baca members

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for "how to" classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. <u>Bring your laptop to the class</u>. If you have a PC do a print screen of your issue. <u>MUST register and pay by 5 pm the Monday prior</u> and if no registrations, instructor will not show up. This class DOES NOT teach computer skills and cannot assist with any Apple products. Please arrive promptly and call if not coming.

Wednesdays, January & February, 9:30 am

\$5 for Baca members only

BACA CENTER NEWSLETTER

NOW PLAYING AT THE CINEMA!

january random acts of Kindness at baca center			*	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BACA CLOSED	SMILE 2	MAKE SOMEONE 3 COFFEE
LIST WHAT YOU ARE THANKFUL 6 FOR	MAKE SOMEONE LAUGH	HELP A 8 FRIEND	LEAVE A НАРРҮ 9 NOTE	CHEER UP SOMEONE
TALK TO SOMEONE 13 NEW	LET SOMEONE GO AHEAD OF YOU 14	SAY THANK YOU	TIP THE WAITER EXTRA	WRITE POSITIVE 17 AFFIRMATIONS
20 BACA CLOSED	DONATE A FAVORITE 21 BOOK	DON'T 22 COMPLAIN	WRITE A THANK YOU NOTE TO A CUSTODIAN	GIVE A Compliment 24 Today
SHARE A 27 SNACK	TELL SOMEONE YOU'RE GRATEFUL FOR THEM 28	PICK UP TRASH	HELP SOMEONE IN 30 NEED	BE KIND YEAR 31 ROUND!

GOING IN STYLE- JANUARY 29

LIFELONG BUDDIES WILLIE, JOE AND ALBERT DECIDE TO BUCK RETIREMENT AND STEP OFF THE STRAIGHT-AND-NARROW WHEN THEIR PENSION FUNDS BECOME A CORPORATE CASUALTY. DESPERATE TO PAY THE BILLS AND COME THROUGH FOR THEIR LOVED ONES, THE THREE MEN RISK IT ALL BY EMBARKING ON A DARING ADVENTURE TO KNOCK OFF THE VERY BANK THAT ABSCONDED WITH THEIR MONEY. STARRING MORGAN FREEMAN, MICHAEL CAINE, ALAN ARKIN.

THE TRIP TO BOUNTIFUL- FEBRUARY 26

CARRIE WATTS (GERALDINE PAGE) MAY BE OLD, BUT SHE SUFFERS NO SHORTAGE OF SPIRIT. WHEN HER CARPING DAUGHTER-IN-LAW (CARLIN GLYNN) AND OVERPROTECTIVE SON (JOHN HEARD) FORBID HER TO TRAVEL ALONE FROM HOUSTON TO HER CHILDHOOD HOME IN BOUNTIFUL, SHE STRIKES OUT ANYWAY. LEARNING THAT TRAINS NO LONGER STOP THERE, SHE TAKES A BUS INSTEAD AND EN ROUTE MEETS A YOUNG WOMAN (REBECCA DE MORNAY) WITH WHOM SHE SHARES BOTH SECRETS AND MEMORIES. LITTLE DOES SHE KNOW THAT HER FAMILY HAS ALERTED THE POLICE.

1:00 PM MEETING ROOM 4

WWW.BACACENTER.COM

BACA CENTER NEWSLETTER

JANUARY/ FEBRUARY 2025



BACA CENTER NEWSLETTER

JANUARY/FEBRUARY 2025





THE ROUND ROCK PARKS AND RECREATION DEPARTMENT IS THRILLED TO HAVE BEEN RECOGNIZED WITH MULTIPLE AWARDS IN THIS YEAR'S ROUND THE ROCK: ACTIVITIES & EVENTS IN ROUND ROCK, TX **BEST OF ROUND ROCK AWARDS**! FROM PARKS TO PROGRAMS, EVENTS TO VENUES, IT'S AN HONOR TO BE RECOGNIZED FOR CREATING SPACES AND PROGRAMS THAT BRING JOY TO THE COMMUNITY. THANK YOU TO EVERYONE WHO VOTED AND FOR LETTING US BE A PART OF WHAT MAKES ROUND ROCK SPECIAL!

BEST SENIOR EVENT/ACTIVITIES - 1ST PLACE: ALLEN R BACA CENTER FOR SENIOR AND COMMUNITY ACTIVITIES - 2ND PLACE: AN EVENING UNDER THE STARS - 3RD PLACE: 'A NIGHT IN HOLLYWOOD' SENIOR PROM

FOR THE COMPLETE LIST OF WINNERS, VISIT: WWW.ROUNDTHEROCKTX.COM/BEST-OF-ROUND-ROCK

SCAN YOUR MEMBERSHIP CARD BE ENTERED TO WIN A PRIZE!



Scan your membership card each time you visit for a chance to win a prize. Members are limited to one entry per day. Five winners will be chosen at random each week.

JANUARY/ FEBRUARY 2025



COME ALONG TO SING, LISTEN, OR FELLOWSHIP WITH OTHERS AS WE TAKE DELIGHT IN LISTENING TO SWEET GOSPEL TUNES IN THE MUSIC ROOM.

GET READY FOR THE THRILLING ADVENTURES WE'LL BE EMBARKING ON – YOU WON'T WANT TO MISS IT!

Thank you to our advertising sponsors!

TUESDAY JANUARY 28, 2025 11:00 A.M.

ROAD

COMING SOON!

TRIP

BUNCO Tournament



10:00AM - 1:00PM 9:15 CHECK IN

\$5 MEMBERS \$10 Non-Members



SPONSORED BY AMBERLIN GEORGETOWN/PFLUGERVILLE

AGES 50+

FREE TAX PREP FROM AARP FOUNDATION TAX AIDE

The AARP Foundation Tax-Aide will be offering free preparation and filing at the Baca Center on Mondays & Wednesdays, February 3 - April 14.

This service is available by APPOINTMENT ONLY.

Visit <u>www.BacaCenter.com</u> in mid-January for the link to make an appointment.



PAGE 9

SPRING 2025

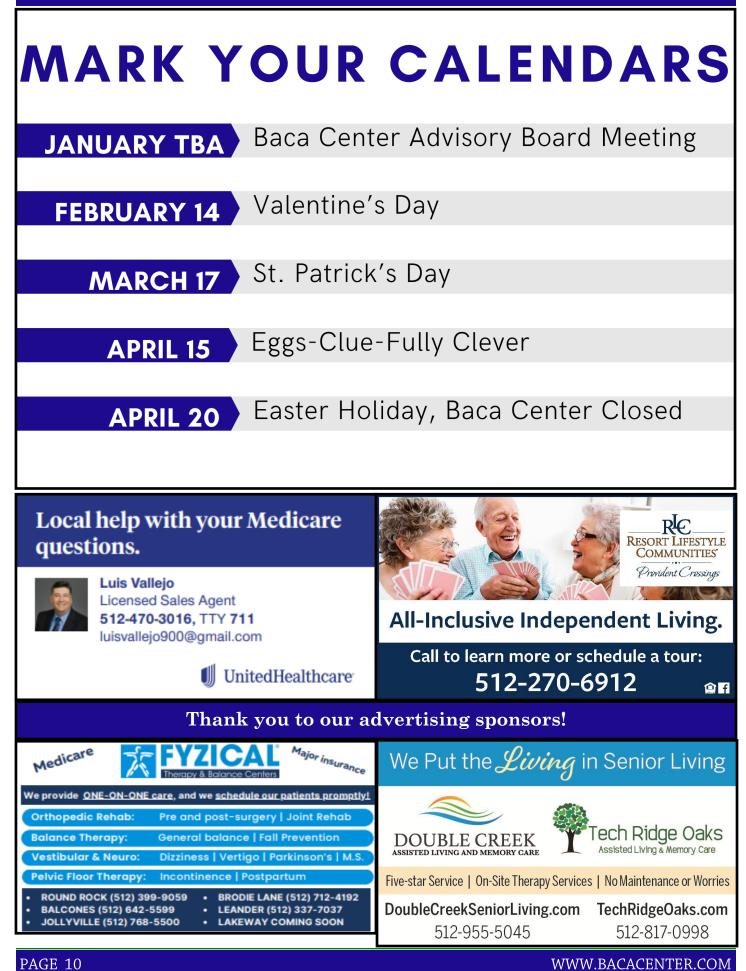
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> Families we touch don't just see the difference in the care we provide more importantly, they feel the difference. We pride ourselves on being industry leaders and challenge ourselves to continuously improve.

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ALLEN R. BACA CENTER TEAM

Center Supervisor: Kelly Gaydos kgaydos@roundrocktexas.gov

Program Coordinator: Coming Soon

Fitness Coordinator: Sherry Leetham sleetham@roundrocktexas.gov

Recreation Manager: Mary Hemenes mhemenes@roundrocktexas.gov **Administrative Team:** Anita Ouellette Mike Crowell Katie Grant

Recreation Assistants: Bruce Beaumont Dana Duvall Sara Moore Debra Ramon

Recreation Bus Drivers: Christal Acosta Carlos Guinea

Custodians: Corina Fernandez Robert Morales





