

ALLEN R.

BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664

512-218-5499 | bacacustomerservice@roundrocktexas.gov
www.BacaCenter.com

ANNUAL NUT SALE & PECAN CRACKING BEGIN NOV. 4

Pecan Large Pieces-\$11

Pecan Halves-\$12

Chocolate Pecans-\$10

Praline Pecans-\$10

Cinnamon Pecans-\$10

Roasted Cashews-\$11

Pistachios-\$11

Walnut Halves & Pieces-\$8

Whole Pecans per lb.-\$6 uncracked / \$6.50 cracked

Chocolate Almonds-\$7

Roasted Almonds-\$9

Honey Roasted Peanuts-\$5

Chocolate Peanuts-\$6

Hot & Spicy Peanuts-\$5

Fiesta Mix-\$7

Trash Mix-\$7

Mountain Mix-\$7

While Supplies Last - Limited Quantities

Pecan Cracking: \$0.50 per pound | Nov. 4 - Jan. 31.

Please bring in bucket or tub (No plastic bags), labeled with name & phone number.

Pecans must be debris, insect & mildew free.

Please allow up to 7 business days for cracking.

FACILITY HOURS:

Monday - Thursday: 7:00 AM - 9:00 PM

Friday: 7:00 AM - 6:00 PM

Saturday & Sunday: 8:00 AM - 1:00 PM

OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

HOLIDAY HOURS:

Nov. 11: Veterans Day | Closed

Nov. 27: Open 7am - 5pm

Nov. 28 - 29: Thanksgiving Holidays | Closed

Dec. 24 - 25: Christmas Holidays | Closed

Dec. 31: Open 7am - 5pm

Jan. 1: New Year's Holiday | Closed

WEEKLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
9:30-10:15 am A.A.A. 10:30-11:00 am Sittercize 11:30 am-1:30 pm Non-competitive Pickleball Rating 1-3.5** 1:30-3:30 pm Competitive Pickleball Rating 4-5** 11:30 am-4:00 pm Pinochle ADVANCED PLAY 12:30-4:00 pm American Mah Jong Club EXPERIENCED 12:45-3:30 pm Dominoes "42" 1:00-2:30 pm Writing Club 1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner 4:00-6:00 pm 9 Square in the Air 4:30-8:30 pm Intermediate/ Advanced Table Tennis***	9:00-11:00 am Wood Carvers 9:30-10:15 am A.A.A. 9:30 am-2:00 pm Crafty Critters 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle 12:45-4:00 pm Texas Canasta 1:00-3:00 pm Karaoke Performance Group 4:30-8:30 pm ALL Rating Levels Pickleball	9:30-10:15 am A.A.A. 10:00 am-12:30 pm Mexican Train 10:30-11:00 am Sittercize 9:30 am-12:30 pm Hearts 12:15-3:30 pm Dominoes "42" 12:30-4:00 pm Spades 1:00-3:30 pm Latin Dancing 3:00-4:00 pm Widowed Warriors 4:30-8:30 pm Intermediate/ Advanced Table Tennis***	9:00 am-11:00 am Non-competitive pickleball Rating 1-3.5** 9:30-10:15 am A.A.A. 10:00-11:30 am Writing Club (Zoom) 10:30-11:00 am Sittercize 11:00-11:15 am Balance 11:00am-1:00pm ALL Rating Levels Pickleball 1:00-3:00 pm Competitive Pickleball Rating 4-5** 12:00-4:00 pm Open Game Play 12:30-3:45 pm Bridge for Fun Cribbage 12:45-3:45 pm Racehorse Canasta 1:00-2:30 pm Conversational Spanish Class 4:30-6:30 pm Beginner Table Tennis*** 6:30-8:30 pm All Levels Table Tennis	9:00 am-11:00 am 9 Square in the Air 9:00 am-3:00 pm Open Game Play 10:00-11:30 am Bingo* 12:30-3:30 pm Mexican Train Hand/Foot Canasta 1:00-2:30 pm Sing-A-Long



*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

**Pickleball ratings: www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/

**Pickleball players can only play one level per day, but please do a self-assessment to choose the correct level.

***Table Tennis ratings: www.usatt.org.

MONTHLY ACTIVITIES

Monthly Activity	Dates	Times
Art Club	November 6 & 20 December 4	1:00-3:00 pm
Open Studio	November 13 December 11 *no meeting 12/18	12:00-3:00 pm
Benefit Resources—one-on-one	November 12 December 10	10:00 am
Book Discussion	November 12 December 10	1:00 pm
Bunco	November 5 & 19 December 3 & 17	6:15-8:30 pm
Garden Club	November 4 December 2	9:00 am
Hong Kong Mah Jong	November 7 & 21 December 5 & 19	6:00-8:30 pm
Instrumental Karaoke	November 13 December 11 *no program 11/27, 12/25	6:00-8:00 pm
Sing for Joy	Will resume in January	11:00 am
Round Rock New Neighbors Bridge	November 20 December 18	12:00 pm

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

Opportunities
for Williamson & Burnet Counties

Daily Congregate Meals at the Baca Center

The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday at 12:00 pm. To become a client and register for the congregate lunches, please visit the OWBC office in the Dining Room to obtain an intake form. Forms can be submitted between 11:00 am & 12:00 pm each week day. Meals can begin the day after submitting the intake form. Clients pay a suggested \$3 donation for meals.

www.owbc-tx.org/

512-255-4970

Humana.



Save the date

Thursday, November 14, 2024 at 10:30 AM

Allen R Baca Senior Center
301 W Bagdad Ave Ste 2, Round Rock, TX 78664

Get answers to your questions about Medicare



You're invited

Please join us to learn more about Medicare and Humana Plans
No obligation to enroll.

ROUND ROCK PUBLIC LIBRARY

WELCOME TO THE LIBRARY

Are you curious about what our library offers? Join us to learn about the Round Rock Public Library and all of the exciting resources & programs that are offered.

**Wednesday, November 20
10:30-11:30am**

Baca Center Grand Room



Senior Seminar: Examining options and costs in Senior Care December 4th 10:30AM

Join Courtney Wilson, Civitas Senior Living and expert speaker Donna Clement, Clement Senior Solutions, to explore options and costs for various senior living solutions including Home Care, Home Health, Hospice, Insurance and more!

Ages 50+

Free Educational Seminar



Merry Christmas!

LET'S FIND THE ELF ON THE SHELF!

DECEMBER 9-13 & 16-20

THIS FRISKY ELF MOVES AROUND BACA EACH NIGHT AND I NEED YOU TO FIND HIM. ENTER YOUR NAME FOR A CHANCE AT A PRIZE WHEN YOU FIND HIM AND BRING THE NUMBER TO THE FRONT DESK! ONLY 5 HAVE A CHANCE EACH DAY.

UGLY SWEATER PARTY

FRIDAY, DECEMBER 13
Join the fun!
Wear your ugliest Christmas sweater for a chance to win a prize! We will line up to showcase your sweater at 12:45 in the Lobby.

Must be a Christmas themed Sweater to win a Prize!

CHRISTMAS CAROL CELEBRATION

Presented by the Karaoke Performance & Sing A Long Carolers

**DECEMBER 18
1:00-3:00PM**

ORGANIZATIONS & CLUBS

BENEFIT RESOURCES—2nd Tuesday, 10:00 am

November 12 & December 10 in the Baca Center Lobby

Visit with a representative from AGE of Central Texas, and they will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

CENTER ART CLUB—1st & 3rd Wednesday, 1:00 pm; 2nd Wednesday, 12:00 pm

Visitors always welcome! Contact centerartclubofrr@gmail.com for more information

November 6 —Business meeting, art show and tell.

November 13 —Open studio, bring your art supplies and works in progress to create in a group setting

November 20 —Demo day: Rebecca Sembrano creates 3 dimensional art from rocks and other objects

December 4 —Business meeting, art show and tell, Baca wall display change out

December 11 —Open studio, bring your art supplies and works in progress to create in a group setting

December 18 — No meeting

BOOK DISCUSSION—2nd Tuesday, 1:00 pm

November 12 —"The Other Two" by Edith Wharton

December 10—"Theft" by Katherine Anne Porter

Contact the Baca Center for more information.

GARDEN CLUB—1st Monday (except holidays), 9:00 am

November 4— Open Forum

December 2—Holiday Party/Gift Exchange/Potluck

WRITING CLUB—Mondays, 1:00-2:30 pm & Thursday, 10:00 am (Zoom only)

Participants are welcome to share their writing and get feedback, read someone else's work or just come to listen. If you want to publish your work in the Club's next anthology, join now! To view the Club's six anthologies, search for Baca Writing Club on Amazon. For more information, email bacawritingclub@gmail.com.



Driver Safety

AARP Driver Safety Course

Tuesday, November 12, 8:30am—12:30pm (CANCELLED)

Tuesday, January 14, 8:30am—12:30pm

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*.

Please check with your insurance provider. You must pre-register at the Baca Center Front Desk.

Course does not dismiss traffic violations. You must have your AARP card to present at class.

\$20 for AARP members & \$25 for non-members payable by CHECK ONLY to AARP.

Individuals with AARP Medicare Supplement Plan insured by United Health Care may attend for no charge—MUST show UHC membership card as proof.

PROGRAMS & CLASSES

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay additional \$5 per month.

Wednesdays, November 6-27 9:00-10:00 am **\$38/4 classes** **Course #: 25-10103CY-03**
Wednesdays, December 4 & 11 9:00-10:00 am **\$19/2classes** **Course #: 25-10103CY-04**

Tai Chi Level I

Join our Tai Chi beginner's class designed specifically for seniors to improve balance, flexibility, and overall well-being. This gentle, flowing exercise emphasizes slow, controlled movements and deep breathing, making it ideal for enhancing mobility and reducing stress.

Thursdays, November 7-21 1:00-2:00 pm **\$9/3 classes** **Course #: 25-10103TCLO-02**
Thursdays, December 5-19 1:00-2:00pm **\$9/3 classes** **Course #: 25-10103TCLO-03**

Tai Chi Level II

Join our Tai Chi intermediate class designed specifically for seniors to improve balance, flexibility, and overall well-being. This class is for participants who have completed the Level 1 course or have prior experience with Tai Chi.

Mondays, November 4-25 6:00-7:00 pm **\$9/3 classes** **Course #: 25-10103TC-03**
Mondays, December 2-16 6:00-7:00pm **\$9/3 classes** **Course #: 25-10103TC-04**
***No class November 11 & December 23 and 30**

Kupuna Hula with Kumu Ellie

This program is a session based program. All interested participants MUST register prior to the first class. The instructor will NOT be at the center unless there are registered participants. In this relaxed class, students will learn Hula dance techniques and simple language. The focus will be on modern Hula such as "Blue Hawaii". No registration after the first class due to missing pertinent information. For more information, e-mail pahulaohana.rr@gmail.com.

November 5-12; 26, Tuesdays, 1:30-2:30 pm **Course #25-10103KH-03** **FREE for Baca Members**
December 3-17; 31 Tuesdays, 1:30-2:30 pm **Course #25-10103KH-04** **FREE for Baca members**
No class November 19 & December 24

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for "how to" classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Monday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills and cannot assist with any Apple products. Please arrive promptly and call if not coming.

Wednesdays, November & December, 9:30 am **\$5 for Baca members only**



MADE WITH LOVE

Craft Sale

By Crafty Critters

November 5 | 9:00am- 5:30pm

November 19 | 9:00- 12:00pm

December 10 | 9:00- 12:00pm

Baca Center Lobby

CASH ONLY



All proceeds go to local non-profit charities

NOW PLAYING AT THE CINEMA!

OUR SOULS AT NIGHT- NOVEMBER 27

JANE FONDA AND ROBERT REDFORD STAR AS ADDIE MOORE AND LOUIS WATERS, A WIDOW AND WIDOWER WHO'VE LIVED NEXT TO EACH OTHER FOR YEARS. THE PAIR HAVE ALMOST NO RELATIONSHIP, BUT THAT ALL CHANGES WHEN ADDIE TRIES TO MAKE A CONNECTION WITH HER NEIGHBOR.

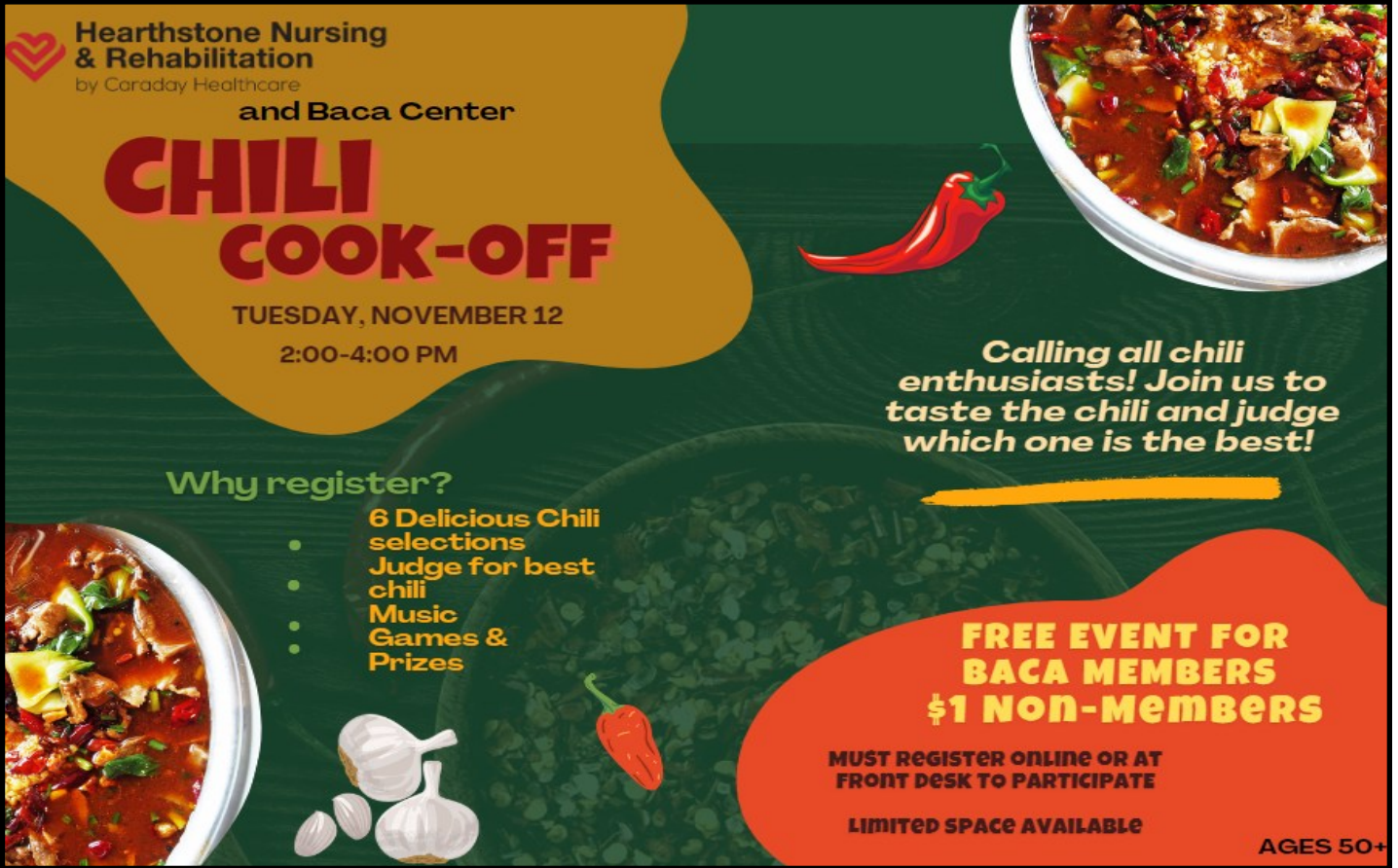
CANDY CANE LANE- DECEMBER 18

A MAN IS DETERMINED TO WIN THE NEIGHBORHOOD'S ANNUAL CHRISTMAS DECORATING CONTEST. HE MAKES A PACT WITH AN ELF TO HELP HIM WIN--AND THE ELF CASTS A SPELL THAT BRINGS THE 12 DAYS OF CHRISTMAS TO LIFE, WHICH BRINGS UNEXPECTED CHAOS TO TOWN.

1:00 PM MEETING ROOM 4

Baca and Beyond!





Hearthstone Nursing & Rehabilitation
by Caraday Healthcare
and Baca Center

CHILI COOK-OFF

TUESDAY, NOVEMBER 12
2:00-4:00 PM

Calling all chili enthusiasts! Join us to taste the chili and judge which one is the best!

Why register?

- 6 Delicious Chili selections
- Judge for best chili
- Music
- Games & Prizes

**FREE EVENT FOR BACA MEMBERS
\$1 Non-Members**

MUST REGISTER ONLINE OR AT FRONT DESK TO PARTICIPATE

LIMITED SPACE AVAILABLE

AGES 50+

Salsa

BASIC DEMO CLASS

Come join the fun and salsa dance with Juan C. from Humana! He'll be offering a one-hour basic demonstration lesson for both beginners and experienced dancers. Refreshments will be provided.



**Free for Baca members
\$1 Non-member**

WEDNESDAY, DECEMBER 11

10 AM TO 11 AM

AGES: 50+

Humana

Christmas Music Concert

Come celebrate the holiday season with a free concert by the Salvation Army Band!




The sounds of the music will get you in the holiday spirit.

Friday, December 13
1:00-2:00pm

**Free for Baca Members
\$1- Non-members**




AGES 50+



THANKSGIVING LUNCHEON



TUESDAY, NOVEMBER 19TH - 12PM - GRAND ROOM

PRE-REGISTRATION REQUIRED -

DEADLINE NOVEMBER 12

SIGN UP IN PERSON THROUGH OWBC/DINING ROOM

OR ONLINE - SCAN CODE OR

[HTTPS://TINYURL.COM/23RSZAZV](https://tinyurl.com/23RSZAZV)



HOLIDAY LUNCHEON

TUESDAY, DECEMBER 10TH - 12PM - GRAND ROOM

PRE-REGISTRATION REQUIRED -

DEADLINE DECEMBER 3

SIGN UP IN PERSON THROUGH OWBC/DINING ROOM

OR ONLINE - SCAN CODE OR

[HTTPS://TINYURL.COM/MSMD2J75](https://tinyurl.com/MSMD2J75)



FREE TAX PREPARATION FROM AARP FOUNDATION TAX-AIDE WILL BE OFFERED AT THE BACA CENTER IN 2025

AARP TAX SERVICES WILL BE AVAILABLE BY APPOINTMENT BASIS ONLY.



Visit www.BacaCenter.com in mid-January for appointment link.

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3000 Joe Dimaggio Boulevard, Suite 40, Round Rock, TX 78665



Holiday BAZAAR

Arts & Crafts Show

Saturday, Nov. 9
9am - 4pm
Clay Madsen Recreation Center

Free Admission!
Support Local Artisans! Shop the Rock, don't stop till you drop!

Donate can goods or colorful band-aids to support the Round Rock Serving & the Children's Hospital!



Art Fair



PRESENTED BY CENTER ART CLUB OF ROUND ROCK

Saturday, November 16, 2024
 12:00 PM - 5:00 PM
 Allen R. Baca Center Grand Room

Looking for Holiday Gifts? Something one of a kind, handcrafted and special? Have we got a deal for you. Original Artwork, Prints, Cards, Photographs & Much More!

MARK YOUR CALENDARS

JANUARY 1 New Years Day, Baca Center Closed

JANUARY 2 - 31 January Membership Special

JANUARY 20 MLK Day, Baca Center Closed

JANUARY 31 Pecan Cracking Ends

FEBRUARY 7 Senior Prom

FEBRUARY 17 President's Day, Baca Center Closed

FEBRUARY 22 Bunco Tournament

Local help with your Medicare questions.



Luis Vallejo
 Licensed Sales Agent
 512-470-3016, TTY 711
 luisvallejo900@gmail.com



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- Vestibular & Neuro:** Dizziness | Vertigo | Parkinson's | M.S.
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- ROUND ROCK (512) 399-9059
- BALCONES (512) 642-5599
- JOLLYVILLE (512) 768-5500
- BRODIE LANE (512) 712-4192
- LEANDER (512) 337-7037
- LAKEWAY COMING SOON

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 512-955-5045 512-817-0998

ALLEN R. BACA CENTER TEAM

Center Supervisor:
Kelly Gaydos
kgaydos@roundrocktexas.gov

Program Coordinator:
Sondra Slate
sslate@roundrocktexas.gov

Fitness Coordinator:
Sherry Leetham
sleetham@roundrocktexas.gov

Recreation Manager:
Mary Hemenes
mhemenes@roundrocktexas.gov

Administrative Team:
Anita Ouellette
Mike Crowell
Katie Grant

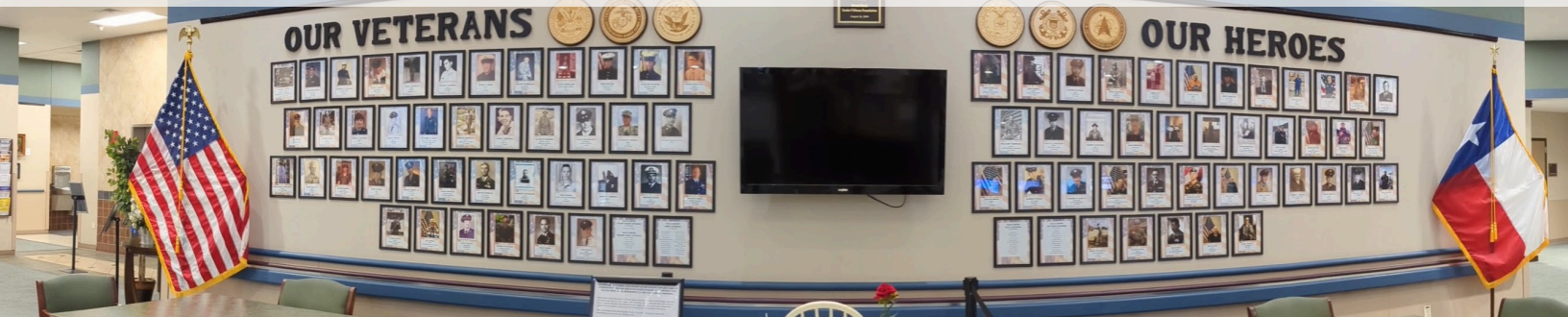
Recreation Assistants:
Bruce Beaumont
Dana Duvall
Sara Moore
Debra Ramon

Recreation Bus Drivers:
Christal Acosta
Carlos Guinea

Custodians:
Corina Fernandez
Robert Morales



TO ALL OUR VETERANS - THANK YOU!



Visit the Veterans Wall of Honor during the month of November.

Register by November 4 for the Veterans Breakfast on November 7 at 9am. All members invited.
Join us for the Veterans Day Celebration at Flag Plaza in Old Settlers Park on November 11 at 11:00am